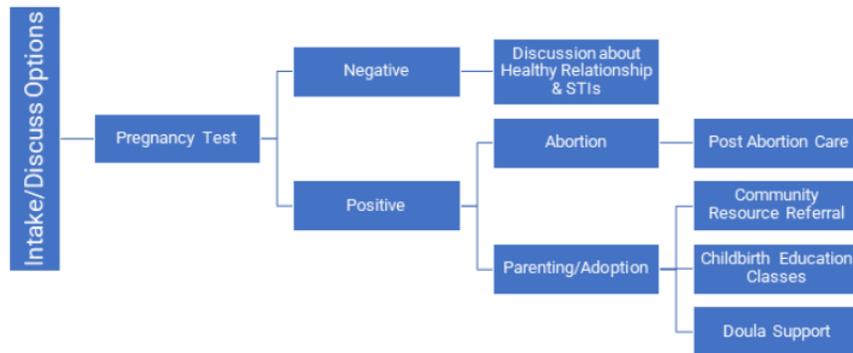


LESSON NINE: FLOW THROUGH OF A PREGNANCY CARE CENTRE



The PCC Training Manual for Client Care provides education on the details of a client appointment. The above flow chart is a great visual to describe the general process. While not all the services may be offered at all centres, the core layout will be the same.

Listed below are services that most pregnancy care centres provide for their clients.

Immediate Services

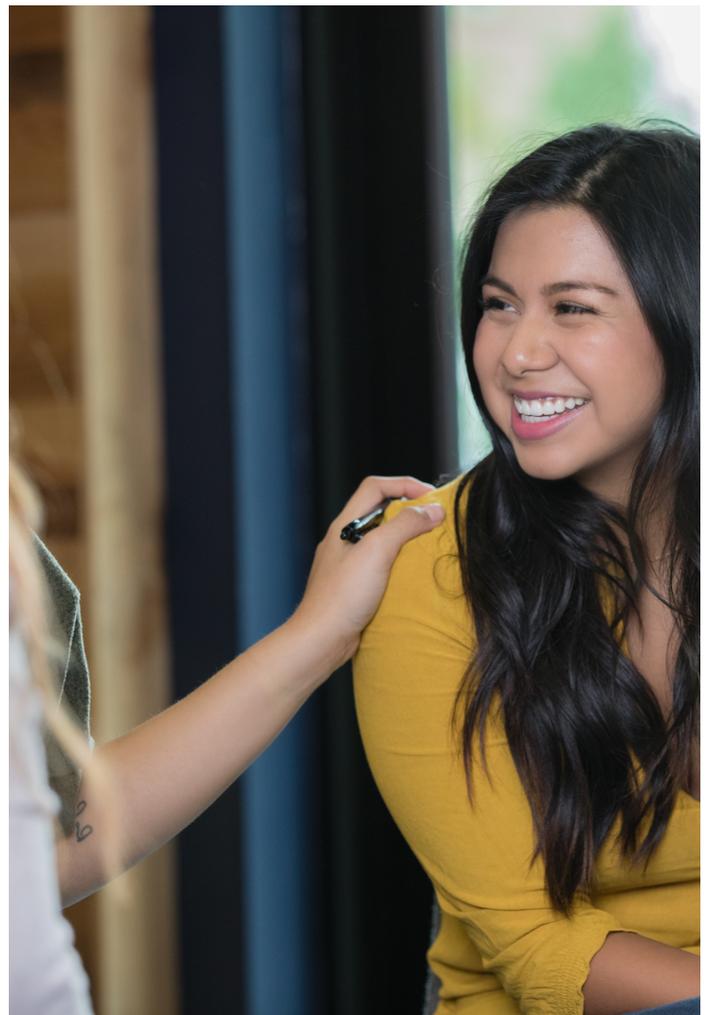
- 24-hour crisis hotline or answering service (if available)
- Free pregnancy tests
- Information on pregnancy options
- Brochures and additional information on pregnancy support services

Ongoing Support Services

- Advocacy: emotional support and encouragement
- Education and information on prenatal care, breastfeeding, childbirth, and childcare
- Post abortion support groups
- Other support groups such as parenting groups
- Maternity clothes, baby clothes, and baby supplies

Referrals for Help in the Community

- Medical care during pregnancy
- Housing information



Referrals for Help in the Community (cont.)

- Vocational or educational information
- Legal help
- Adoption and foster care agencies
- Financial support programs

Pregnancy Tests

The pregnancy tests provided at your pregnancy care centre will be self-administered by the client. Staff and volunteers will be trained how to teach clients to use the pregnancy tests and how the time spent leading the client through the procedure can be used to build trust and rapport.



Pregnancy care centres seek to reach the hearts and minds of clients with the truth of the gospel, God's plan for reproductive health, and the sanctity of all human life.

Contraceptive Information

Pregnancy care centres seek to reach the hearts and minds of clients with the truth of the gospel, God's plan for reproductive health, and the sanctity of all human life. In that context, it makes sense that centre staff and volunteers are equipped to understand the various contraceptives that clients are using and should be prepared to explain the potential shortcomings of those methods.

The Pregnancy Care Canada Statement of Principles states that affiliated centres do not provide contraceptives to clients.

Some in the healthcare field may question this policy, stating that, they're going to have sex anyway, so we should be helping them reduce the risk of pregnancy and sexually transmitted infections.

So, why have such a policy? Because birth control is not the answer.

If you choose to work or volunteer in your pregnancy care centre, you will receive education on how to explain the progression of a committed relationship to clients.

CONCLUSION

You now have a foundational understanding of pregnancy care centre work. The lessons and reflections, along with a video call from a PCC staff member, will help you work through any questions you may have. The final module will include the complete PCC Client Support Training and prepare you to open your doors to clients.

Thank you for your interest in providing a safe place for women and others affected by an unexpected pregnancy to receive the compassionate support and information they need.



